



## Registration Form

### Special Events presented by 1 to 1 Personal Training

Name:

Address:

Phone number(s):

Email address:

Emergency contact name and phone number:

If you are new to 1 to1 Personal Training, please complete the health history and exercise history forms located on the Training Packages page on [www.personal121trainer.com](http://www.personal121trainer.com) and bring them to the first event you attend.

I would like to register for: (circle all that apply)

Boot camp      200 Day Challenge      300 Day Fitness Blast

I would like to attend all 8 Boot camp classes (\$22.50 per class) for \$180.00\_\_\_\_\_

I would like to pay \$25.00 per class \_\_\_\_\_. If so, please circle the dates in which you will attend:  
June 15, June 22, June 29, July 6, July 13, July 20, July 27, Aug 3

**Boot camp must be paid in full on the first session you attend.**

I will attend all three classes for the 300 Day Fitness Blast for \$48.00\_\_\_\_\_.

I will only attend \_\_\_\_\_ for \$20 per class. I will attend \_\_\_\_\_ and \_\_\_\_\_ for a total of \$40.00.

Zumba      Aggressive sculpting and agility      Yoga

Payments can be made by cash or check to 1 to1 Personal Training at the door of the fitness challenges.  
Please email questions to [info@personal121trainer.com](mailto:info@personal121trainer.com) or text 847-302-2212.